

SENECA HIGH SCHOOL COUNSELING CENTER
JUNIOR INTERVIEW

NAME: _____

DATE: _____

CREDITS	ACADEMIC UNITS	REQUIREMENTS NEEDED FOR GRADUATION 130 Total Credits Including:
9 th : _____	_____	<u>Projected</u> <u>12th grade</u> <u>Req*</u>
10 th : _____	_____	_____ 20 English 1.
11 th : _____	_____	_____ 15 Math 2.
Subtotal _____	_____	_____ 15 Science 3.
12 th _____	_____	_____ 10 U.S. History 4.
		_____ 5 W. Cultures 5.
Total _____	_____	_____ 16 PE & Health 6.
		_____ 5 Career, FCS 7.
		_____ 5 Visual Art 8.
		_____ 10 W. Language
		_____ 2.5 Financial Lit.

Students must earn a minimum of **130** credits and pass the PARCC to meet graduation requirements

NJ Public State & many other competitive 4 year colleges require:

16-24 academic units

Other: _____
_____ Option 2 credits

Is/Is not currently scheduled to satisfy all graduation requirements by June 2016.

SAT's _____ ACT's _____ Letters of Rec: _____

POST HIGH SCHOOL PLANS

Employment _____ Other Training _____ Military _____ (ASVAB)

College: 2 year _____ 4 year _____ In-State _____ Out of State _____

Schools under consideration at this time: _____

Career Area of Interest _____

Counselor Comments _____

PLEASE REVIEW THIS SHEET WITH YOUR PARENT/GUARDIAN

**AUGUST 1, 2016 IS THE LAST DAY to make SENIOR YEAR SCHEDULE CHANGES **

Student's Signature

Counselor's Signature

Important Dates

- o College Admission Information Night @ Seneca-March 12, 2016 @ 6:30 PM
- o College Athlete Information Night @ Seneca-April 16, 2016 @ 6:30 PM
- o College Application Jump Start Night @ Seneca-May 14, 2016 @ 6:30PM
- o Essay Writing Workshop @ Seneca-June
- o The Seneca counseling website has important news & updates-<http://www.lrhdsd.org/sencounseling>

Option 2

Option 2-application to school counselor by June 1, 2016. More info and applications- www.lrhdsd.org

- ✓ Work(11/12): 360 hrs=5 credits 180hrs=2.5 cr Community Service: 180 hrs=5 cr. 90 hrs=2.5 cr.

Standardized Testing

It is recommended that students take the **SAT Reasoning Test** 2x in the spring of Junior year and if needed, 1x in the fall of senior year.

- ♦ **SAT Registration-SAT Reasoning Test**
 - ❖ Register online-www.collegeboard.com **The closest test site is Cherokee
 - ❖ YOU MUST UPLOAD A PASSPORT/STUDENT ID PHOTO FOR REGISTRATION
 - ❖ You must send official SAT scores to colleges electronically at www.collegeboard.com
 - ❖ NCAA contenders must send scores to NCAA Clearinghouse: 9999
 - ❖ **FREE** full length SAT : www.collegeboard.com
- ♦ **SAT Subject Tests** are specific one hour content area tests used by a small percentage of colleges. Be sure to confirm if the colleges to which you are applying require these tests and plan accordingly.
- ♦ **ACT Registration**
 - ❖ Register online- www.actstudent.org **Given at Seneca on June 13th, 2016
 - ❖ Test includes English, math, reading, science and writing
 - ❖ Most schools require the writing section as well. **Make sure you sign up for ACT + Writing.**
 - ❖ You must send official ACT scores to colleges electronically at www.actstudent.org
 - ❖ **ACT practice questions: www.act.org**

NAVIANCE

- Go to <http://connection.naviance.com/senecahs>
- email: studentID@lrstudents.org password: **student ID # or personal password**
- College Search-Create a list based on admission difficulty, location, athletics, majors.
- Build a resume (found in About Me) to be used in college applications
- My personality type-Career inventory which matches careers to your personality.
- **Link to PREP ME – SAT practice tests**

NCAA

- If you are an athlete interested in Division I or Division II sports, you must complete the NCAA eligibility form at <http://eligibilitycenter.org>
- After you complete the online form, bring parental release of academic records form & transcript request form to Mrs. Dzwill in the Counseling Center.
- Send official SAT or ACT scores electronically from testing agency to NCAA.

College Visits

- ✓ Use spring & summer to visit schools, paying attention to times and dates of tours and orientations.
- ✓ A college visit is an excused absence with a note from the Post-secondary institution with date.
- ✓ Make any adjustments in your '15-'16 schedule as a result of the college visit, by the **August 1st** deadline.

Recommendation Letters

- Ask early and politely in person. Give your teacher AT LEAST 2 weeks notice!
- In September of your senior year-Put teacher recommendation request in Naviance. College Tab, Colleges I'm Applying To, Add/Cancel Requests
- Students will not be permitted to see the letter. **Check Naviance to see when letters are completed.**
- Counselors will automatically fill out all required forms electronically. You do not have to ask your counselor to write a letter.

HOMEWORK

- ⚡ College Tab-Colleges I'm thinking about-Add School: keep track of colleges you may apply to
- ⚡ You should have a list of 4-6 schools by September of senior year, including 1-2 safe schools, 2-3 good match schools and 1-2 one reach schools.
- ⚡ Think about major, location, size, setting (rural/urban/suburban), extra-curricular activities/sports
- ⚡ Realistic evaluation of each college's admission requirements (grades, standardized test scores, required high school courses and how you match up).